

HUMANITY *in* INSTRUMENTAL MUSIC EDUCATION

Driving Toward the Future

DR. MATTHEW ARAU

CAMERON JENKINS

DR. ALICE HAMMEL

DR. SCOTT EDGAR

December 21, 2022



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PURPOSE

DIVERSITY

BELONGING

WELL-BEING

The Midwest Clinic

December 21, 2022

PURPOSE

ACTION

INTENTION

RESILIENCE

DIVERSITY

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INTENTION

RESILIENCE

BELONGING

ACTION

INTENTION

RESILIENCE

WELL-BEING

ACTION

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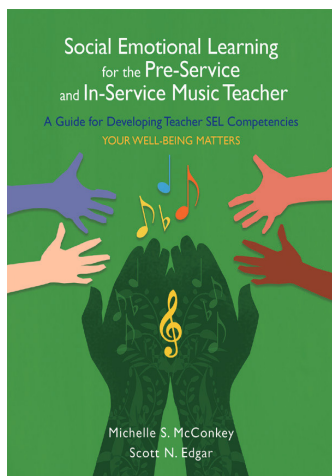
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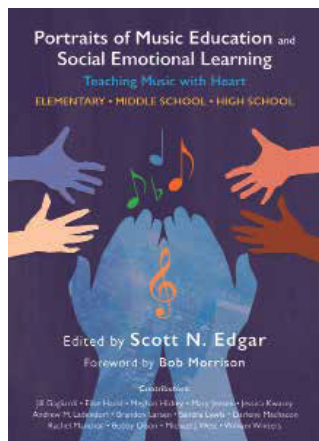
SOCIAL EMOTIONAL LEARNING FOR THE PRE-SERVICE AND IN-SERVICE MUSIC TEACHER

A Guide for Developing Teacher SEL Competencies
Your Well-Being Matters

MICHELLE S. MCCONKEY
SCOTT N. EDGAR

This practical guide takes teachers through 13 sequential units designed to hone important self-care and SEL skills, such as regulation emotions, resolving conflict, managing stress, and building positive relationships. Each unit is structured around the 3 core pillars of SEL—Identity, Belonging, and Agency—and offers connections for both pre-service and in-service music teachers that guide them through a series of thought-provoking exercises to strengthen their skills, as well as space to discover, reflect, journal, draw, and commit to growth.

G-10850 SPIRAL-BOUND, 92 PAGES \$16.95



PORTRAITS OF MUSIC EDUCATION AND SOCIAL EMOTIONAL LEARNING

Teaching Music with Heart

EDITED BY
SCOTT N. EDGAR

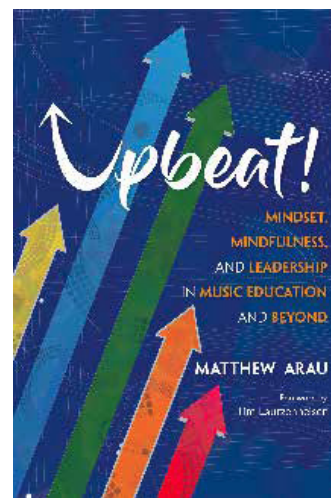
This book showcases the inspiring stories and innovative ideas of music educators who are implementing SEL instruction with intentionality in classrooms at the elementary, middle, and high school levels.

G-10452 HARDCOVER, 318 PAGES \$34.95

UPBEAT!
Mindset, Mindfulness, and
Leadership in Music Education
and Beyond

MATTHEW ARAU

FOREWORD BY
TIM LAUTZENHEISER



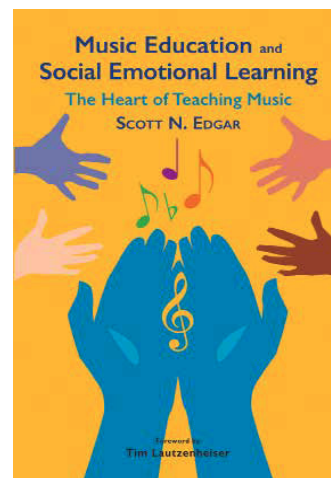
Upbeat! presents a winning combination of mindset and mindfulness strategies as well as leadership principles that will motivate, inspire, and transform not only your internal world but the culture of your music program. Divided into 3 parts—Ignite, Inspire, and Lead—this thought-provoking resource takes readers on a journey from internal self-reflection to outward expressions of leadership. With immediately applicable ideas and strategies that work for students, teachers, and professionals in any field, *Upbeat!* affirms the importance of living and working with intentionality and establishes that what we do, why we do it, and how we do it matters.

G-10550 PERFECT-BOUND, 380 PAGES \$29.95

MUSIC EDUCATION AND SOCIAL EMOTIONAL LEARNING

The Heart of Teaching Music

SCOTT N. EDGAR



This pioneering book addresses how music educators can utilize Social Emotional Learning (SEL) to maximize learning in the choral, instrumental, and general music classroom at all levels, and at the same time support the students' social and emotional growth.

G-9418 PERFECT-BOUND, 212 PAGES \$21.95



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